



How to Join or Form a Team

Step 1: Register

Get yourself registered by clicking on the “Register Now!” link on the left hand side or the “register/login” link on the right hand side

Step 2: Edit your personal page

Once you have registered for the race online, you will be directed to edit your personal page. Make any changes you would like by scrolling your mouse over the page and selecting an option once it appears.

Step 3: Form or Join a Team

Click on the “My Team” button on the right hand side of the page. You will then be directed to either choose a team to join or create a new team. Select the option you are looking for. If you choose to join an existing team, click on the “design/edit my page” link on the right to return to your personal page. If you choose to form a team, proceed to step 4.

Step 4: Edit your Team Page

Once you form a new team you automatically become the Team Captain. Click on the “design/edit my page” link on the right to design your team page.

Step 5: Fundraise and Invite Others to Join Your Team

Once you have created or joined a team, and you are on your personal page, you can copy the link to that page into emails or social media pages and invite others to donate to you or join your team. **Keep in mind to join your team, your friends must follow this same process.**